







SUSUMER CAMPS/SWIM 2023



75 Maple Street, Essex Junction, VT 05452 802-878-1375 / ejrp.org 8am-4pm / Monday-Friday

COMMUNITY EVENTS

COMMUNITY GARDENS

Want to grow fresh veggies? Consider joining a community garden! We have 100 plots at two locations, West Street and Meadow Terrace. Each year the plots are first offered to those who had them last year. After that, any open plots are re-assigned based upon a waiting list kept by Essex Junction Recreation & Parks. To be added to the waitlist, please contact the office at 802-878-1375 or recreation@ejrp.org. We will begin working through the waitlist in mid-March.

GARDEN PLOT SIZE: WEST STREET 25'X25' / MEADOW TERRACE 24'X18' CITY RESIDENTS: \$38 / NON-RESIDENT: \$58



EJRP is pleased to present the annual Essex Junction July 4th Celebration at the Champlain Valley Fairgrounds Midway Lawn! Festivities begin at 6:00PM with live music, games, face painting, balloon artists, bounce houses, and more. Enjoy your favorite fair foods from over 12 vendors. We will end the evening with a fireworks display that will begin at 9:30PM. Bring the whole family for a fun filled Independence Day celebration!

ALL AGES / CHAMPLAIN VALLEY FAIRGROUNDS MIDWAY LAWN TUE. JULY 4

FESTIVITIES: 6PM / FIREWORKS DISPLAY: 9:30PM



Some bunny left eggs around the City! Grab your own basket or bucket and head to the closest park to your home, either Maple Street Park or Cascade Park. Participants will search for and collect up to 10 eggs, then exchange collected eggs for a goodie bag of treats at the tent station in each park. Eggs will be replaced throughout the event, ensuring enough for everyone for the entire time – come whenever you can between 10 am-12 pm!

UP TO GRADE 4 / MAPLE STREET PARK OR CASCADE PARK SAT. APRIL 8

MAPLE STREET PARK RUNNING SERIES

10AM-12PM

New and experienced runners will enjoy the friendly, grassroots atmosphere in this points-based running series. Course length will vary between 2.5 and 5 miles. Register for all 6 races by April 19 and guarantee yourself a MSP Race Series T-shirt.

ALL AGES / MAPLE STREET PARK
WED, MAY 3-JUNE 7
5:30PM: REGISTRATION OPENS / 6PM: RACE STARTS
\$50 FOR ALL 6 RACES OR \$15 DROP-IN

PRIDE FESTIVAL

Each June marks Pride Month, an opportunity to recognize, advocate for, and uplift the I GRTOID4 recognize, advocate for, and uplift the LGBTQIA+ community. To celebrate and support our LGBTQIA+ friends and family here in our city, Maple Street Park will host the inaugural Essex Pride Festival. Featuring Drag Story Hour, local LGBTQ+ artists, businesses and performers, a family dance party, and so much more! We're hoping you'll join EJRP and the Essex Pride Committee in this inclusive and welcoming all-ages event.

ALL AGES / MAPLE STREET PARK SAT, JUNE 3 / 1-5PM

4 ON THE 4TH INDEPENDENCE DAY COMMUNITY RACE

July Fourth is one of the most exciting days of the Summer in Essex Junction, and we're taking it up a notch this year with our inaugural 4 on the 4th Independence Day Community Race! Join us at Maple Street Park to kick the holiday off right with a 4-mile out and back race. We'll be starting and ending at Maple Street Park.

ALL AGES / MAPLE STREET PARK TUESDAY, JULY 4 7:30AM: REGISTRATION OPENS / 8:30AM: RACE STARTS \$25 PRE-REGISTRATION, \$30 DAY-OF

MAPLE STREET POOL DOG DAY





ENTERTAINMENT AT MAPLE STREET PARK

Join us at Maple Street Park this summers fun family friendly performances! Bring a chair or blanket and get ready to experience the variety of entertainment that we have planned throughout the summer. Be sure to visit ejrp.org for schedules and updates as we get closer to summer.

July 11	6pm	Jeh Kulu
July 18	6pm	Ukelele Clare
July 25	6pm	Combustomatics
August 1	6pm	The Brevity Thing
August 8	6:30pm	Very Merry Theatre
August 16	6pm	No Strings Marionette Company



SKILLS CLINICS

These one-off clinics are perfect for the competitive pickleballer looking to step up their game and get tournament ready!

12+

CASCADE PARK PICKLEBALL COURTS

6-8PM

\$30 EACH CLINIC

CHRIS TUDOR, PPR CERTIFIED INSTRUCTOR

The Art of Dinking

TUE, JUNE 6 OR AUGUST 8

The 3rd Shot Drop

TUE, JUNE 13 OR AUGUST 15

BEGINNER BOOT CAMP

Join Chris Tudor for this beginner boot camp!
During this family-friendly 2-week crash course, novice pickleballers

crash course, novice pickleballers will learn the basic stroke mechanics, rules/scoring, and basic shots needed to get you playing matches on your own! This program is intended for players rated 3.0 and below. No equipment needed!

12+ / CASCADE PARK PICKLEBALL COURTS SAT, MAY 6-MAY 27 / MON/WED, AUGUST 7-16 6-8PM

\$80

CHRIS TUDOR, PPR CERTIFIED INSTRUCTOR



LEARN TO PLAY CLINIC

Join instructor Chris Tudor for this FREE learn to play clinic and celebrate the nets being put up! This family-friendly program will help you begin to understand the rules, basic mechanics, and fun that Pickleball provides! While this program is free, registration is required and space is limited. No equipment needed!

12+ / CASCADE PARK PICKLEBALL COURTS SUN, MAY 7 1-3PM FREE, REGISTRATION REQUIRED CHRIS TUDOR, PPR CERTIFIED INSTRUCTOR

INTERMEDIATE BOOT CAMP

Take your game to the next level! This intermediate boot camp is designed to introduce players

to game strategies, court positioning, and some advanced shots like the dink and dunk. This course is for pickleballers rated 3.0-3.5 or those who have participated in a beginner camp previously. No equipment needed!

12+ / CASCADE PARK PICKLEBALL COURTS MON/WED, JULY 10-19 6-8PM \$90 CHRIS TUDOR, PPR CERTIFIED INSTRUCTOR

FALL LEARN TO PLAY/BEGINNER CLINIC

Join instructor Chris Tudor for this beginner boot camp! During this family-friendly clinic series, novice pickleballers will learn the basic stroke mechanics, rules/scoring, and basic shots needed to get you playing matches on your own! This program is intended for players rated 3.0 and below. No equipment needed!

12+ / CASCADE PARK PICKLEBALL COURTS MON, SEPTEMBER 18-OCTOBER 9 OR WED, SEPTEMBER 20-OCTOBER 11 5-6PM \$55 CHRIS TUDOR, PPR CERTIFIED INSTRUCTOR

5TH ANNUAL CASCADE CLASSIC PICKLEBALL TOURNAMENT

Join us for our fifth annual Cascade Classic Pickleball Tournament! We will be hosting men's and women's doubles divisions on Saturday, September 30 and mixed doubles on Sunday, October 1 at Cascade Park. Limited space available per bracket, registration closes September 25.

12+ / CASCADE PARK PICKLEBALL COURTS SAT/SUN, SEPTEMBER 30-OCTOBER 1 9PM-4PM \$35/PLAYER \$20 FOR SECOND DIVISION REGISTRATION

PRESCHOOL AGE & FAMILY PROGRAMS

KINDERMUSIK

Kindermusik® classes provide a playful, supportive environment for children and their caregivers to play together with music, dancing, singing, exploring instruments, and more. Activities designed specifically for each stage of early childhood support infants' and children's development across cognitive, social-emotional, and physical domains while building understanding of simple musical concepts.

ASPIRE STUDIO / 75 MAPLE STREET
AGES 1-2: 9-9:45AM / AGES 0-1: 10:15-11AM /

AGES 2-4: 11:30AM-12:15PM SESSION 3: WED, MARCH 8-29

SESSION 4: WED, APRIL 5-MAY 3 (NO CLASS 4/26, SCHOOL BREAK)

SESSION 5: WED, MAY 10-31

\$55 PER SESSION RACHEL SMITH

PRESCHOOL PLAYGROUP

You're invited to join other caregivers and children for play time. We ask that you please bring a drink and indoor shoes. There will be crafts, story time, and songs.

AGES 0-5 / 75 MAPLE STREET TUE/THU, SEPTEMBER 13-JUNE 15 / 9:30-11AM FOLLOWS EWSD SCHOOL CALENDAR (NO SCHOOL, NO PLAYGROUP) LAURA RASCOE

Promoting Community Health & Wellness

The benefits of programs with these icons may include:



EMOTIONAL: Growth in your ability to identify and express your own thoughts and feelings, increased empathy, and skills to connect with and understand others.



ENVIRONMENTAL: Exploring the wonder of the natural world, an understanding of connections between our choices and their impact on the environment, and time spent outdoors.



INTELLECTUAL: Stimulating mental activity, acquiring new skills or knowledge, and improved creative thinking.



PHYSICAL: Exercise, learning about healthy nutrition, improved cardiovascular health, and muscular strength and agility.



SOCIAL: Community fostered by shared experiences, new friends and an expanded support network, a sense of respect, tolerance, and acceptance of others in our community.

ART CAMPS & PROGRAMS

FUN WITH FIBER CAMP

Spend a week making sock animals, stuffies, needle felted creatures, yard paintings, weaving, string art and more! This camp will introduce the wonders of creating cool things out of fiber. Campers will be provided with a daily snack, a canvas tote to decorate and their own needle felting kit. No experience necessary, only imagination and enthusiasm. Please bring a water bottle and bag lunch (especially if you're staying all day!).

ENTERING GRADES 4-8 / ADL ART ROOM MON-FRI, JUNE 19-23 9AM-12PM, 1PM-4PM, OR 9AM-4PM HALF DAY: \$200 / FULL DAY: \$300 TINA LOGAN

ARTISTS BOOKS!

Spend three days exploring the amazing art of making and altering books in this mini camp! If you love books and art, then this is the camp for you! This will be a crash camp focusing on making personal artist books in different forms and turning old, discarded books into works of art! By the end of our three days, you will take home your own small collection of beautiful books. Please bring a water bottle and bag lunch (especially if you're staying all day!).

GRADES 4-8 / ADL ART ROOM WED-FRI, JULY 5-7 9AM-12PM, 1PM-4PM, OR 9AM-4PM HALF DAY: \$120 / FULL DAY: \$180 TINA LOGAN





CULINARY ADVENTURES

Immerse your young chef in a culinary adventure with the one and only Rosalind Hutton! Each day will be filled with fun, handson cooking while learning basic culinary skills, nutrition, understanding ingredients, and of course kitchen safety. Campers will make a lunch and take home a new recipe every day.

CTE KITCHEN
MON-FRI / 9AM-1PM
GRADES 7-10: JUNE 26-30
GRADES 4-6: JULY 10-14
\$225
ROSALIND HUTTON

MAKE 'N TAKE WITH VERMONT CHALKY PAINT!

We have three projects awaiting the pet lover in you! Join local business owner of Vermont Chalky Paint as she guides campers as they transform your favorite photo into a personalized mini-jug lamp, matching dream box, and a snuggly gnome! Light snacks of cheese & crackers and lemonade served. Each week will feature new projects to keep our multi-week campers engaged and enthused!

GRADES 2-6 / VERMONT CHALKY PAINT, 4 RAILROAD AVENUE MON-FRI

JULY 31-AUGUST 4 / AUGUST 7-11 / AUGUST 14-18 / AUGUST 21-25 9-11AM

\$125

SARAH SPENCER, VERMONT CHALKY PAINT

WUNDERLE'S BIG TOP CIRCUS CAMP

Come one, come all for an unforgettable week of interactive circus fun. Wunderle's Big Top Camp promotes world-class circus training, entertainment, and exploration for all. Throughout the camp, participants learn stunts, hone skills, and receive individualized encouragement by an enthusiastic team of professional circus coaches. Training equipment will include juggling scarves, balls, rings, clubs, spinning plates, devil sticks, stilts, and so much more! Games, human stunts, acrobatics, human pyramids, clowning and aerial acts will also be taught. Each Big Top Camper will become a circus star as the experience culminates with a fun and fast paced show for the community.

Wunderle's Big Top Adventures promotes world class circus programming, entertainment, and exploration. Founder and camp director Troy Wunderle is a graduate of the Maryland Institute College of Art, and the Ringling Brothers and Barnum & Bailey Clown College. He is a former international performer with the Ringling Brothers and Barnum & Bailey Circus. For the past twenty-six years, he has toured throughout the United States as a freelance performer and employee of Vermont's own Circus Smirkus.

GRADES 4-9 / EHS ICE RINK
MON-FRI, AUGUST 7-11
9AM-3PM
\$375
TROY WUNDERLE, WUNDERLE'S BIG TOP ADVENTURES



ATHLETIC PROGRAMS

SUMMER YOUTH TRACK & FIELD TEAM

Jump higher, run faster, and throw longer. Athletes will learn the fundamentals of track and field events in a fun, relaxed team environment throughout the summer. In addition to our weekly practices, we'll compete in several mini-meets on Saturdays with the season culminating in our Tri-state track meet at St. Johnsbury Academy on July 22.

GRADES 2-8 / ESSEX HIGH SCHOOL TRACK MON/WED/THU/SAT, JUNE 19-JULY 22 5:30-6:30PM \$95 JESS LIBRIZZI, ADL COACH



SUMMER YOUTH BASKETBALL LEAGUE

This first-time summer youth basketball league will provide fun, recreational games for students entering grades 4 and up! We'll be keeping play moving as this league is all about getting those extra runs in.

Grade groups: 4/5, 6/7, 8/9 and 10-12.

GRADES 4-12 / ESSEX MIDDLE SCHOOL & ADL TUE/THU, JUNE 20-AUGUST 3 5-9PM \$65



SWISH BASKETBALL SUMMER CAMP

This week-long, full-day camp will feature multiple basketball sessions per week with daily access to the Maple Street pool as well! Beginner to skilled boys and girls players will work together to develop skills and further their proper shooting mechanics. The week will conclude with skills competitions and games for parents to watch as well!

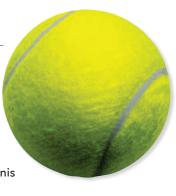
GRADES 4-8 / ESSEX HIGH GYM MON-FRI, JUNE 26-30 9AM-3PM \$245 CHRIS MCCURLEY, SWISH BASKETBALL

PARENT/CHILD TENNIS

This parent and child program teaches both the adult and the child the fundamentals of tennis. In all of our busy lifestyles, it is nice to learn and exercise with your child.

Have fun and play the game of tennis with your kiddo this summer!

ESSEX HIGH SCHOOL
AGES 4-7: TUE, JULY 11-AUGUST 15
AGES 7-10: MON, JULY 10-AUGUST 14
6-7PM
\$85
USTA



SOCCER SPARKS

Soccer Sparks is a small group, skill-based program designed for children aged 2-12. Instruction focuses on age-appropriate gross motor skills, soccer specific language, and skill development in an up-beat, friendly, and welcoming environment.

MAPLE STREET PARK

SAT, MAY 6-27 OR JUNE 17-JULY 15 (NO CLASS JULY 1) OR AUGUST 5-26 AGES 2-3 WITH A PARENT: 9-9:30AM / AGES 3-4: 9:35-10:05AM AGES 4-5: 10:10-10:55AM / AGES 6-9: 11-11:45AM \$55

JR HORNETS SOCCER CLINICS

This exciting parent/child introductory program prepares your child for organized soccer in a fun, non-competitive environment. Age-appropriate equipment will be used to teach kicking, dribbling, trapping, throw-ins, and agility.

3-5 YEARS W/ PARENT / MAPLE STREET PARK MON, JULY 10-AUGUST 14 OR WED, JULY 5-AUGUST 9 4:45-5:30PM \$50 **EHS VARSITY GIRLS SOCCER**

YOUNG HORNETS SOCCER CLINICS

This new program is designed to take your Jr
Hornets career to the next level. Coach Barber and the EHS Girls Varsity team will take the field with your child to further develop the foot/eye coordination, balance, and footwork needed to play the game.

MAPLE STREET PARK

ENTERING GRADES K-1: MON, JULY 10-AUGUST 14 ENTERING GRADES 2-3: WED, JULY 5-AUGUST 9 5:30-6:15PM

\$50

EHS VARSITY GIRLS SOCCER

SUMMER YOUTH SOCCER LEAGUE

This new and improved soccer league will feature exciting pick-up games with team change ups each week. Skill-building and warm-up sessions will be followed up by games ranging from 4v4 to a full match.

ENTERING GRADES 4-7 / MAPLE STREET PARK MON/WED, JULY 5-AUGUST 14 6:15-7:15PM

EHS VARSITY BOYS AND GIRLS SOCCER



RECREATIONAL SPORTS

TENNIS CAMP

This is the perfect opportunity for your child to learn a lifelong sport in a fun and recreational way. This active program will give your child the opportunity to learn the fundamental skills of tennis. Players will be taught the rules of the game and will work on their forehand, backhand, and much more!

ESSEX HIGH SCHOOL
MON-FRI / 9AM-12PM
ENTERING GRADES 4-6: JUNE 26-30
ENTERING GRADES 1-3: JULY 17-21
ENTERING GRADES 4-6: JULY 31-AUGUST 4
ENTERING GRADES 1-3: AUGUST 7-11
\$130
USTA



GIRL SPIRIT YOGA & MOVEMENT CAMP

Do you enjoy movement, music, creating, and relaxing? You will learn fun combinations of yoga, tumbling, and dance to foster self-confidence and positive self-image where every girl is a winner! In addition, you will enjoy creating beautiful crafts to take home at the end of the week. Girls experience the joy and freedom of being in their body, deepening their connection with the world around them, and celebrating their individuality and uniqueness! Each camp session will offer a different, unique take home craft. Campers can enjoy a variety of activities if choosing to register for multiple sessions.

ENTERING GRADES 1-8 / HIAWATHA
MON-FRI, JUNE 26-30 OR JULY 10-14 OR JULY 17-21
12-3PM
\$150
SYLVIA KABUSK

KIDS CREATIVE YOGA CAMP

Swim like a dolphin! Dance like a snowflake! This camp is a joyful approach to teaching children about themselves, each other, and the universe in which they live. This fun and engaging camp weaves together yoga, expressive movement, cooperation activities, songs, crafts, and stories helping to promote children's self-confidence, expression, and mutual self-respect. Each session will be unique as every class has something new to learn. Campers can enjoy a variety of activities if choosing to register for multiple sessions! Campers must be fully potty trained to attend.

4-5 YEARS / HIAWATHA MON-FRI, JUNE 26-30 OR JULY 10-14 OR JULY 17-21 9-11AM \$100 SYLVIA KABUSK

ARCHERY CAMP

Participants will learn to aim, shoot, and score as they develop the self-discipline and confidence needed to become top-notch archers. Safety, basic skills and fundamentals will be taught through individual instruction, shooting and team building drills.

ENTERING GRADES 3-7 / MAPLE STREET PARK

MON-FRI, JULY 24-28 OR JULY 31-AUGUST 4 1-2PM OR 2:30-3:30PM \$95 PELKEY'S ARCHERY



TEAM **SPORTS**

STRIKERS BASEBALL CAMP

Join Dan French and his Strike Zone Baseball Academy staff for this fun and exciting baseball camp. Emphasis will be on having fun with quality instruction in fundamentals. Skills will be taught by high quality instructors and practiced through fun drills and competitive games.

ENTERING GRADES 2-6 / MAPLE STREET PARK MON-FRI, JULY 17-21 OR AUGUST 14-18 9:30AM-12PM \$130

YOUNG HORNETS **TRACK & FIELD CAMP**

DAN FRENCH, STRIKE ZONE OWNER



Join EMS Coach Andrew Kasprisin and members of the EHS Track and

Field team for this week-long immersion into all the amazing events that Track and Field has to offer! Each day campers will learn and practice the fundamentals of sprinting, jumping, and throwing!

GRADES 1-8 / ESSEX HIGH SCHOOL TRACK MON-FRI, JULY 24-28 9AM-12PM \$125 ANDREW KASPRISIN, EMS COACH

YOUNG HORNETS VOLLEYBALL CAMPS

Join us for a fun and exciting week of volleyball camp. Campers will get exposure to all aspects of the game focusing on the fundamentals and skill that are needed for competition. It is the perfect camp for kids to experience this fantastic sport in an atmosphere that is positive, energetic, and fun!

ESSEX HIGH SCHOOL

BEGINNER: NO PRIOR VOLLEYBALL EXPERIENCE

ENTERING GRADES 5-9

MON-FRI, JULY 24-28 OR JULY 31-AUGUST 4

9-11:30AM / \$95

JEN LIGOURI, EHS VARSITY HEAD COACH

ADVANCED BEGINNER: MIDDLE SCHOOL OR JVB EXPERIENCE

ENTERING GRADES 5-9

MON-FRI, JULY 24-28 OR JULY 31-AUGUST 4

9-11:30AM / \$95

ELITE: JVA OR VARSITY EXPERIENCE OR COACH RECOMMENDATION

ENTERING GRADES 9-12

MON-FRI, JULY 31-AUGUST 4

GIRLS: 9AM-12PM / BOYS: 4:30-7:30PM / \$150

SOCCER SPARKS CAMP

The Soccer Sparks camp is based on our all ball approach of learning and mastering the fundamentals and advanced skills in the game of soccer. Includes games which are fun to play but also physically and technically challenging. It reinforces the idea that youth sports are a developmental zone with lessons and skills lasting a lifetime. Each day finishes with a scrimmage where children can play with the newly learned skills. Each participant will receive a Soccer Sparks t-shirt and a soccer ball.

GRADES 2-6 / MAPLE STREET PARK MON-FRI, AUGUST 14-18 9AM-12PM \$145

DRAGOMIR PARVANOV AND SOCCER SPARKS COACHES

LEtGO YOUR MIND STEM CAMPS

LEGO MASTER ENGINEERS & STOP ANIMATION

Become a master superhero builder as we create LEGO® vehicles, structures, and machines. Using STEM principles students will engineer ways to protect themselves by constructing super-hero cars, magnet levitation trains, pulleys, and more! Students will use gears and motors to learn about mechanical devices such as levers, magnets, wheel and axles. In the afternoon, students will build their own mini movie set, learn the parts of a story and create an animated movie using LEGO mini figures and other objects. The students will also learn how to edit their movies, attach music, and add titles/credits using Professional Stop Animation software.

AGES 6-8 / HIAWATHA MON-FRI, JUNE 26-30 9AM-3PM \$385

MINECRAFT MISSIONS, STOP MOTION ANIMATION & MINECRAFT

You are NOT required to register for week one to participate and understand week two and vice versa.

Come and join us as we design, build, and program robots that interact, perform complex tasks, and respond to challenges. Students will use LEGO MINDSTORMS® EV3 motors, sensors and gears to enhance their robotics skills by completing missions within the Minecraft World. Come all Minecrafters and help us battle and defeat the Enderman! During the afternoon students will create their very own LEGO Stop Animations. Students will build their own mini movie set and create an animated movie using LEGO mini figures and other objects. The students will also learn how to edit their movies, add sound and add titles/credits using Professional Stop Animation software. During the afternoon, children will use Minecraft to complete tasks such as building mazes that are filled with traps and defenses to protect them from arch enemies. They will learn how to use Command Blocks and Redstone to create traps and other cool defenses. In addition, in the afternoon, children will have the opportunity to produce their own LEGO motion animation. Students will be able to build their own movie sets and devise their own plot, with LEGO figures and other LEGO bricks using professional stop motion animation software.

WEEK 1

AGES 9-13 / HIAWATHA MON-FRI, JUNE 26-30 9AM-3PM \$385

WEEK 2

AGES 9-13 / HIAWATHA WED-FRI, JULY 5-7 9AM-3PM \$250

BUILD, MODIFY, CODE LEGO MOTORIZED CARS & STOP MOTION ANIMATION

Join us as we race into the world of CARS and learn how to create, build, and modify motorized LEGO brick machines! Before each LEGO brick creation staff will discuss key engineering and physics concepts with the children and how they relate to our builds. Students will then build their LEGO brick cars using axles, gears, pulleys, battery packs and motors. In addition, children will code their LEGO builds using a drag-and-drop based interface using Bluetooth technology. In the afternoon, students will build their own mini movie set, learn the parts of a story and create an animated movie using LEGO mini figures and other objects. The students will also learn how to edit their movies, attach music, and add titles/credits using Professional Stop Animation software.

AGES 6-8 / HIAWATHA WED-FRI, JULY 5-7 9AM-3PM \$250



ADULT RECREATION

DOG/PUPPY ESSENTIALS

We're busy people. We've got other priorities. Dog training can feel like One. More. Thing. But, you want a dog you can live with, be proud of, and about which others glowingly remark "What a great dog!" This class shows you how to have a happy, confident, and well-behaved dog.

18+ / 75 MAPLE STREET
SAT, MARCH 25-APRIL 29
SAT, JUNE 3-JULY 15 (NO CLASS JUNE 17)
SAT, AUGUST 12- SEPTEMBER 16
10AM OR 11:15AM
\$165 WITH A DOG / \$65 WITHOUT A DOG
DEB HELFRICH, GOLD STAR DOG TRAINING

THERAPY DOG ACADEMY

So, your dog wants to be a therapy dog? Well, we've got a course for that! This 6-week course gives dogs and handlers the necessary skills for not only passing the test but also for working successfully as a therapy dog team.

18+ / 75 MAPLE STREET
SAT, MARCH 25-APRIL 29 / SAT, AUGUST 12-SEPTEMBER 16
12:45-1:45PM
\$185 WITH A DOG / \$80 WITHOUT A DOG
DEB HELFRICH, GOLD STAR DOG TRAINING

BEYOND BASICS DOG OBEDIENCE

This class takes your training to the next level by showing you the basic, intermediate, and advanced version of each exercise. This permits perfect fit training for you and your dog! If your dog's heeling is fantastic,

we'll help you take it to the next level. If your sits are still a challenge, we'll go back a level and reinforce the basics. The atmosphere is supportive yet challenging. The emphasis is on what you want to achieve with your dog within the exercises we teach, and then giving you the instruction and proper exercises to achieve your goals.

18+ / 75 MAPLE STREET
SAT, JUNE 3-JULY 8
(NO CLASS JUNE 17)
12:45-1:45PM
\$150 WITH A DOG
\$65 WITHOUT A DOG
DEB HELFRICH, GOLD STAR DOG TRAINING

MODERN WESTERN SQUARE DANCE

If you can walk to music, you can learn to square dance! Join us every Thursday throughout the school year to exercise our bodies and minds through square dancing. All ages and experience levels welcome. For more information, contact Susan Pierce at 802-879-1974, sewpie@aol.com.

75 MAPLE STREET
THU, SEPTEMBER 8-MAY 25
6:30PM
WWW.GREENMOUNTAINSTEPPERS.ORG

HIGH SCHOOL PROGRAMS/CERTIFICATES

DRIVERS ED

Epic Driving focuses on defensive driving techniques including crash avoidance, situational awareness, zone control, mindful driving, and developing good driving habits. This course in-cludes 30 hours of engaging, differentiated, and responsive classroom activities and twice weekly, individually scheduled, behind the wheel lessons consisting of 30 minutes of instruction and 30 minutes of observation.

TEENAGERS & YOUNG ADULTS WITH A VALID VT LEARNER'S PERMIT 75 MAPLE STREET 6:30–8:30PM SUMMER I SESSION: MAY 25–JUNE 29 SUMMER II SESSION: JULY 31–AUGUST 30

\$850

CORD HULL, EPIC DRIVING LLC

WILDERNESS FIRST AID

Accidents happen. People get hurt, sick, or lost. The temperature drops, the wind picks up, and it starts to rain. Would you know what to do? Many backcountry emergencies are preventable, and by learning a few basic skills, you can make the difference between a good outcome and a bad one and maybe even save a life. This course will prepare you to recognize and care for a variety of wilderness emergencies.

16+ / 75 MAPLE STREET SAT/SUN, MAY 20-21 8AM-5PM \$185 SOLO WILDERNESS MEDICINE

MAPLE STREET POOL

75 Maple Street

For general pool and rental information, please call 802-878-1375. To reach the pool directly, call 802-872-3370.

Opening Day Saturday, June 24
Closing Day Friday, August 25
Mon-Fri Public Swim 12:30-8pm

Sat-Sun Public Swim 11am-8pm (After August 6, the pool closes at 7pm)

Pools may close early due to inclement weather or other factors.

Please call or check our website/social media pages for up-to-date information.



PURCHASE/RENEW SEASON PASSES ONLINE

EARLY BIRD DISCOUNT!
Receive 10% off any season pass if purchased by April 30.

FEES	City	Non-City
Daily Entry Youth: under 18	\$2*	\$5
Daily Entry Adult: 18+	\$4*	\$7
Family Season Pass: 2 adults & children under 19, residing at same address	\$85	\$150
Two-Person Season Pass: 2 individuals residing at same address	\$65	\$115
Individual Youth Season Pass	\$35	\$65
Individual Adult Season Pass	\$45	\$80

^{*} Daily discounted fees require proof of City residency upon entry (student ID, license, other written evidence)

SWIM GROUPS			Parent & Child	6 months-5 years (with caregiver)	
		AGE	Pre-K	3-5 years (not entered kindergarten)	
			Youth	5-18 years (completed kindergarten)	
GROUP	WHERE THEY ARE AT	WHAT THEY WILL WORK TOWARDS			
Shrimps	New, or fairly new, to the water.		Swimmer and a caregiver will learn to feel comfortable, safe, and confident in the water.		
Stripers	New, or fairly new, to the water, and ready for a lesson without parent.	Comfort in water by putting different parts of body in (face, hair, ears). Some use of floatation devices.			
Level 1	Level 1 Can move independently when using a floatation device. Learn to submerge mouth, nose and eyes, front and back float, swimming on front and back.				
Level 2	Is comfortable submerging. Ability to float or travel short distances unaided.	Enters water by stepping or jumping, open eyes underwater, front/back glide, swimming distance on front/back/side.			
Level 3	Can swim 15+ yards without stopping; is comfortable submerging face and resurfacing while swimming.	Jump into deep water, dive from side of pool, retrieve submerged object, survival float treading water for 30 seconds, swim various strokes 15+ yards.			
Level 4	Is familiar with various strokes and can swim 25+ without stopping.	Improve strokes, increase endurance, feet-first surface dive, 1 minute survival float/treading/back float, throwing assists.			
Level 5	Can swim 50+ yards and is comfortable with all strokes.	Refine strokes, become more efficient, shallow dive, tuck and pike surface dives, 2 minute survival floating/treading/back float, flip turns on front and back.			
Level 6	Will learn to swim with ease and efficiency, and gain ability to swim smoothly over greater distances with power and endurance.	crawl, butter	breastroke, eleme fly, 5 minute surviv	rim using 100 yards each of front/back ntary backstroke, sidestroke & ral float/treading/back float, d retrieve an object from 12 feet.	

FEES	1 week	2 weeks (evening/Saturday)
City Resident	\$45	\$70
Non-City Resident	\$55	\$80

- 3. Select session dates (e.g. Session A: June 26-30)
- 4. Select lesson time (e.g. 10:25-10:55am)
- 5. Example code would be 320502A1

Morning Schedule	MONDAY-FRIDAY	10:25-10:55am	11:05-11:35am	11:45am-12:15pm
One Week Sessions	Parent & Child: Shrimps*			310500_3
5 lessons A: June 26-30	Pre-K: Stripers	320500_1	320500_2	320500_3
C: July 24-28	Pre-K: Level 1	320501_1	320501_2	320501_3
	Pre-K: Level 2	320502_1	320502_2	
Two Week Sessions	Pre-K: Level 3**			320503_3
10 lessons	Youth: Level 1	360500_1	360500_2	360500_3
B: July 10-21 D: July 31-August 11	Youth: Level 2	360501_1	360501_2	360501_3
a cary or magast m	Youth: Level 3	360502_1	360502_2	360502_3
	Youth: Level 4			360503_3
* Session A & C only	Youth: Level 5		360504_2	
** Session B & D only	Youth: Level 6	360505_1		

Evening Schedule	MONDAY-THURSDAY	5-5:30pm	5:30-6pm	6-6:30pm
Two Week Sessions	Youth: Level 1	360500_1		
8 lessons F: July 10-20	Youth: Level 2		360501_2	
G: July 24-August 3	Youth: Level 3			360502_3

Saturday Schedule	SATURDAYS	9:15-9:45am	9:50-10:20am	10:25-10:55am
Eight Week Sessions	Parent & Child: Shrimps			310500_J3
8 lessons J: June 24-August 12	Pre-K: Stripers	320500_J1	320500_J2	320500_J3
o. dane 2 i Alagast 12	Pre-K: Level 1	320501_J1	320501_J2	320501_J3
	Pre-K: Level 2	320502_J1	320502_J2	
	Youth: Level 1	360500_J1		
	Youth: Level 2		360501_J2	
	Youth: Level 3			360502_J3



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