

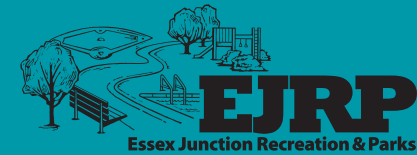
## Middle School Programs

Afterschool Enrichment programs on-site at ADL will begin in their designated location at the start time indicated below. For off-site programs, students will walk to EJRP at dismissal. The bus will depart at 3:30pm. Students will return to Maple Street Park at the time indicated below. For all programs, students should arrange to get themselves home or for a ride to pick them up at the conclusion of the program.

### Bowling and Laser Tag

Spare Time Entertainment will host bowlers of all skill levels to practice technique, learn some bowling basics, and have fun! Each week will consist of one hour of practice. Shoe and ball rental are included. Bowlers will also have the opportunity to play a game of laser tag each day!

<b>AGE</b>	Grades 6–8
<b>DATE</b>	Wednesdays, January 16–February 20
<b>TIME</b>	3:30–5:30pm
<b>PLACE</b>	Pick-up and drop-off at Maple Street Park
<b>FEE</b>	\$85
<b>CODE</b>	440901C



*We Create Community Through People, Parks & Programs*

# Afterschool Enrichment

## PROGRAMS



**SESSION III: January 14–February 22, 2019**

REGISTRATION NOW OPEN ONLINE, OVER THE PHONE, OR WALK IN.

*There are only 5 Mondays in this session.*

Follow our adventures at [EJRPenrichment](#).  

Essex Junction Recreation & Parks, 75 Maple Street, Essex Junction, VT 05452

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## Afterschool Enrichment: Session III

### **JANUARY 14–FEBRUARY 22 (Please note there are no programs on January 21)**

For K-5 Afterschool Enrichment Programs, participants will meet at a designated location at their school at dismissal (you will receive this information for off-site programs when you register), where they will be greeted by EJRP staff and have a snack before programming begins. For on-site programming, parents should plan to pick their child up from the designated classroom at the time listed below. For off-site programming, Fleming students will return to Summit Street School. Village Kids are able to return to their programs.

### **Yoga**

Instructor: Danielle Brown

Come stretch, breathe, and grow! Explore various yoga poses, a range of breathing techniques, and a variety of music, stories and yoga games. Connect with yourself and others as we become balanced in the body and brain. This class helps to promote better self-regulation and emphasizes self-expression.

<b>AGE</b>	Grades K–3
<b>DATE</b>	Mondays, January 14–February 18. No program January 21. Tuesdays, January 15–February 19
<b>PLACE</b>	Mondays: Hiawatha Music Room Tuesdays: Summit Music Room

<b>DAY</b>	<b>TIME</b>	<b>CODE</b>	<b>FEE</b>
Mon	2:45–4pm	430900C	\$60
Tue	1:45–3pm	430900C1	\$70

### **Art Workshop: Clay**

Instructor: Cassandra Gengras

Do you love working with clay? Join Miss G and other art students for this next session with a focus on clay building! Artists will learn new techniques and methods, while working through the different stages and processes of working with clay. Each student will create a sculpture that can be taken home at the end of the session. This is a session students will not want to miss – hope to see you there!

<b>AGE</b>	Grades K–3
<b>DATE</b>	Mondays January 14–February 18. No program January 21.
<b>TIME</b>	2:45–4pm
<b>PLACE</b>	Hiawatha Music Room (Summit Students welcome, transportation is not provided)
<b>FEE</b>	\$90
<b>CODE</b>	430906C

### **Kids Dance Fitness**

Instructor: Ciara Cross

Join us on our quest to make fitness fun! Kid-friendly routines are taught to both current and cultural dance music. Dance, games, activities, and cultural exploration are integral parts of this exciting class. Come shake your sillies out as we work to inspire confidence, self-esteem, acceptance, and leadership!

<b>AGE</b>	Grades K–3
<b>DATE</b>	Tuesdays, January 15–February 19
<b>TIME</b>	1:45–3pm
<b>PLACE</b>	Hiawatha Music Room (Summit Students welcome, transportation is not provided)
<b>FEE</b>	\$70
<b>CODE</b>	430903C

### **Swim Lessons & Play**

Instructors: Annie Cooper and Maple Street Swim Instructors

EJRP has partnered with Swim with Annie and the Spa at The Essex to offer afterschool swim lessons! Participants will engage in a small group lesson (using the Swim with Annie curriculum) for 30-minutes and enjoy swim play in the pool for 30-minutes

<b>AGE</b>	Grades K–5
<b>PLACE</b>	The Spa at The Essex. Pick-up and drop-off at your child's school. Fleming students will walk themselves to Summit at dismissal
<b>NOTE</b>	<b>We cannot accommodate families on the pool deck to watch lessons.</b>
<b>FEE</b>	\$110

<b>DAY</b>	<b>DATE</b>	<b>TIME</b>	<b>CODE</b>
Tue	Jan 15–Feb 19	1:45–5pm	430902C
Thu	Jan 17–Feb 21	2:45–6pm	430902C1

### **Bowling at SpareTime**

Instructors: EJRP Staff

Spare Time Entertainment will host bowlers of all skill levels to practice technique, learn some bowling basics, and have fun! Each week will consist of one hour of practice. Shoe and ball rental is included.

<b>AGE</b>	Grades K–5
<b>DATE</b>	Mondays, January 14–February 18. No program January 21.
<b>TIME</b>	2:45–5:30pm (Bowling 3:30–5pm) Pick-up time varies for each school; more information to follow.
<b>PLACE</b>	Spare Time, Colchester. Pick-up and drop-off at your child's school.
<b>FEE</b>	\$70
<b>CODE</b>	430901C