

CLIMBING & ADVENTURE AT METROCK

Instructors: MetroRock Staff

Calling all thrill seekers! With 16,000 square feet of climbing and a high ropes adventure course with over 20 different elements, the possibilities for excitement are endless! You will build confidence, make new friends, stay active, and have a blast!

AGE Grades K–5

DATE Mondays, November 26–December 17

TIME 2:45–5:30pm (Climbing: 3:30–5pm)

Pick-up time varies for each school; more information to follow.

PLACE MetroRock Station, Essex Junction. Pick-up and drop-off at your child's school.

FEE \$120

CODE 430904B

Middle School Programs

Afterschool Enrichment programs on-site at ADL will begin in their designated location at the start time indicated below. For off-site programs, students will walk to EJRP at dismissal. The bus will depart at 3:30pm. Students will return to Maple Street Park at the time indicated below. For all programs, students should arrange to get themselves home or for a ride to pick them up at the conclusion of the program.

EXPEDITION SERIES

Every Wednesday, we will explore some of the fun and exciting recreational opportunities around our community. Some of these places may include, SpareTime, MetroRock, GetAir etc. The fee covers all expeditions, transportation, and snacks.

AGE Grades 6–8

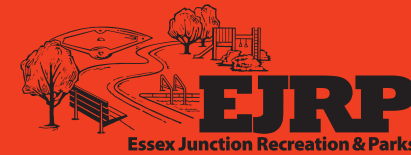
DATE Wednesdays, November 26–December 15

TIME 3:30–5:30pm

PLACE Pick-up and drop-off at Maple Street Park

FEE \$70

CODE 440904B



We Create Community Through People, Parks & Programs

Afterschool Enrichment PROGRAMS



NOVEMBER/DECEMBER 2018

REGISTRATION NOW OPEN ONLINE, OVER THE PHONE, OR WALK IN.

Follow our adventures at [EJRPenrichment](#).  

Essex Junction Recreation & Parks, 75 Maple Street, Essex Junction, VT 05452

Tel 878-1375 Fax 872-3371 recreation@ejrp.org www.ejrp.org

Afterschool Enrichment: Session II

NOVEMBER 26–DECEMBER 21

For K-5 Afterschool Enrichment Programs, participants will meet at a designated location at their school at dismissal (you will receive this information for off-site programs when you register), where they will be greeted by EJRP staff and have a snack before programming begins. For on-site programming, parents should plan to pick their child up from the designated classroom at the time listed below. For off-site programming, Fleming students will return to Summit Street School. Village Kids are able to return to their programs.

YOGA

Instructor: Danielle Brown

Come stretch, breathe, and grow! Explore various yoga poses, a range of breathing techniques, and a variety of music, stories and yoga games. Connect with yourself and others as we become balanced in the body and brain. This class helps to promote better self-regulation and emphasizes self-expression.

AGE Grades 3–5 (transportation provided for Summit 3rd graders only)

DATE Mondays, November 26–December 17
Tuesdays, November 27–December 18

TIME Mondays 2:45–4pm
Tuesdays 2–3pm

PLACE Mondays: Hiawatha Music Room
Tuesdays: Fleming Gym

FEE \$50

CODE Mondays: 430900B
Tuesdays: 430900B1

ART WORKSHOP: CLAY

Instructor: Cassandra Gengras

Do you love working with clay? Join Miss G and other art students for this next session with a focus on clay building! Artists will learn new techniques and methods, while working through the different stages and processes of working with clay. Each student will create a sculpture that can be taken home at the end of the session. This is a session students will not want to miss – hope to see you there!

AGE Grades K–3

DATE Mondays, November 26–December 17

TIME 3–4:15pm

PLACE Hiawatha Art Room (Summit Students welcome, transportation is not provided)

FEE \$72

CODE 430906B

LEGO CLUB

Instructor: EJRP Staff

Come build with and explore our extensive LEGO collection, experiment with our LEGO WEDO robotics software, and work as young scientists and engineers!

AGE Grades K–3

DATE Tuesdays, November 27–December 18

TIME 1:45–3pm

PLACE Hiawatha Art Room

FEE \$30

CODE 430913B

KIDS DANCE FITNESS

Instructor: Ciara Cross

Join us on our quest to make fitness fun! Kid-friendly routines are taught to both current and cultural dance music. Dance, games, activities, and cultural exploration are integral parts of this exciting class. Come shake your sillies out as we work to inspire confidence, self-esteem, acceptance, and leadership!

AGE Grades K–3

DATE Tuesdays, November 27–December 18

TIME 1:45–3pm

PLACE Summit Music Room

FEE \$45

CODE 430903B

SWIM LESSONS & PLAY

Instructors: Annie Cooper and Maple Street Swim Instructors

EJRP has partnered with Swim with Annie and the Spa at The Essex to offer afterschool swim lessons! Participants will engage in a small group lesson (using the Swim with Annie curriculum) for 30-minutes and enjoy swim play in the pool for 30-minutes!

AGE Grades K–5

DATE Tuesdays, November 27–December 18
Thursdays, November 29–December 20

TIME Tuesdays: 1:45–5pm
Thursdays: 2:45–6pm

PLACE The Spa at The Essex. Pick-up and drop-off at your child's school.
Fleming students will walk themselves to Summit at dismissal

NOTE **Please note that we cannot accommodate families on the pool deck to watch lessons. Pick-up time varies for each school.**

FEE \$75

CODE Tuesdays: 430902B; Thursdays: 430902B1